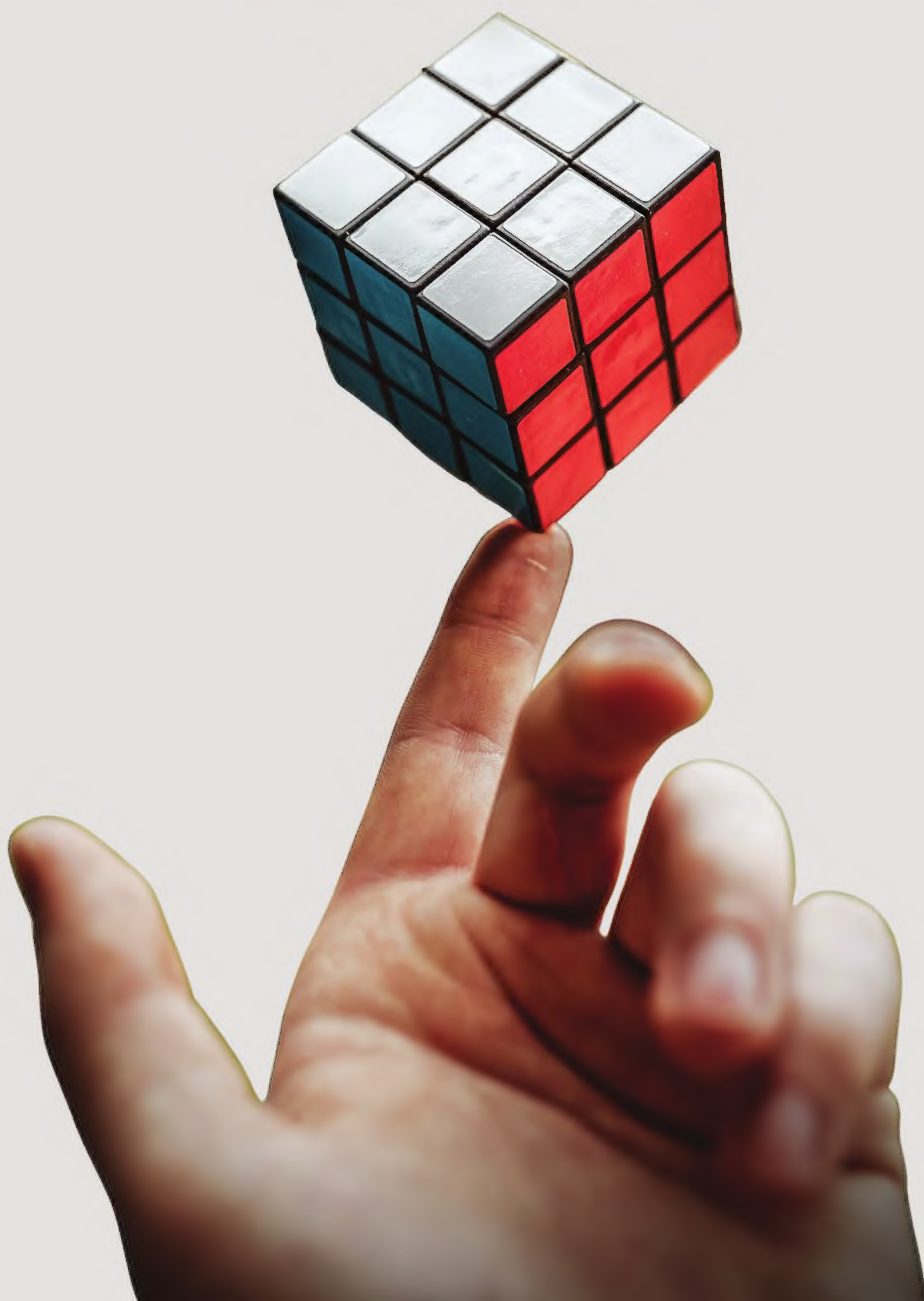


ANIL NAGAN

Handle the **CASTE**

10 easy steps



Salute to all philanthropists
past, present, and future
who have dedicated their lives
to create a casteless society

Respecting their sacrifice.

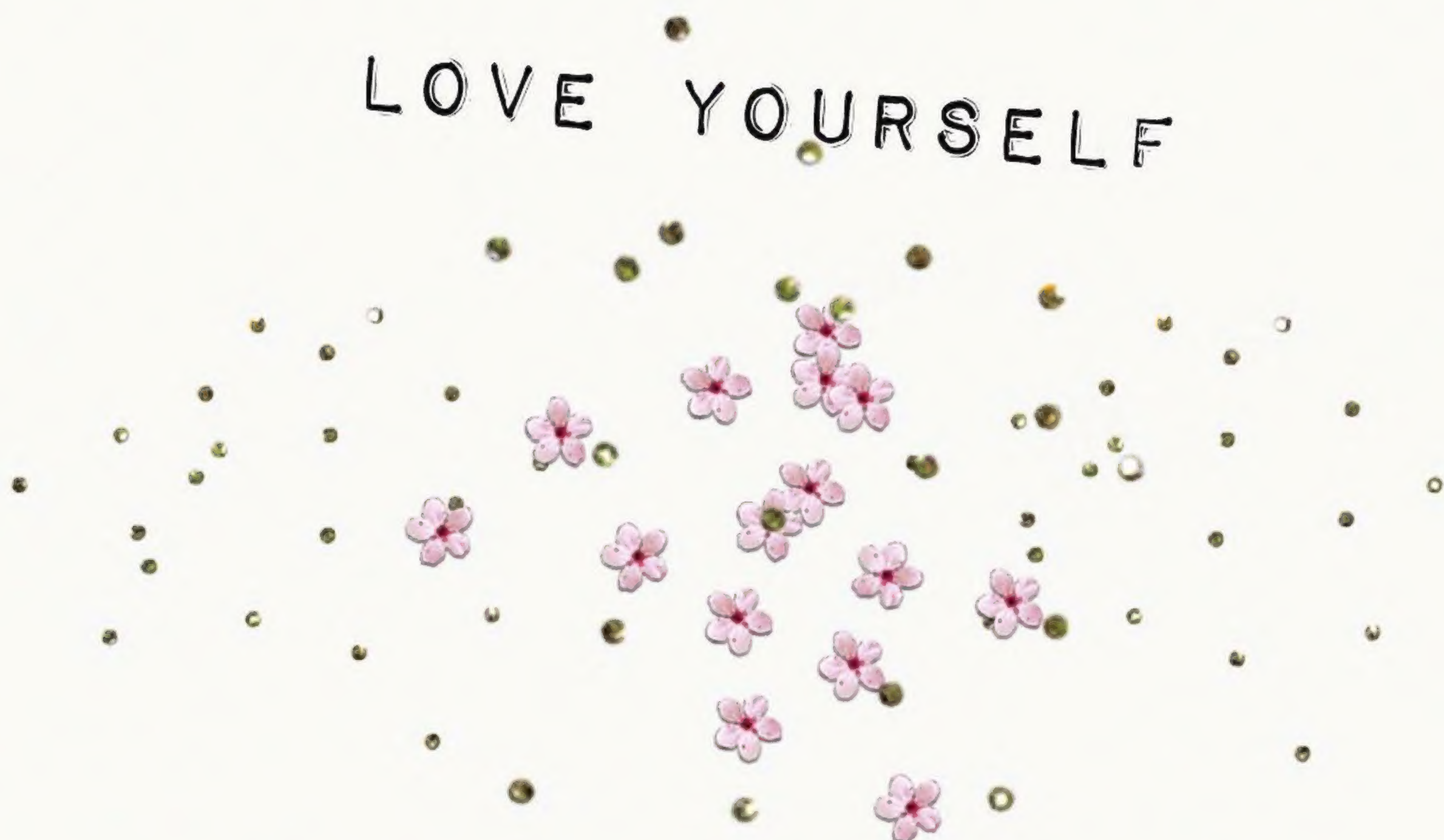


Handle the caste

10 easy steps

Anil Nagan

LOVE YOURSELF



2023

(English)
Handle the caste: 10 easy steps
(A Guide)

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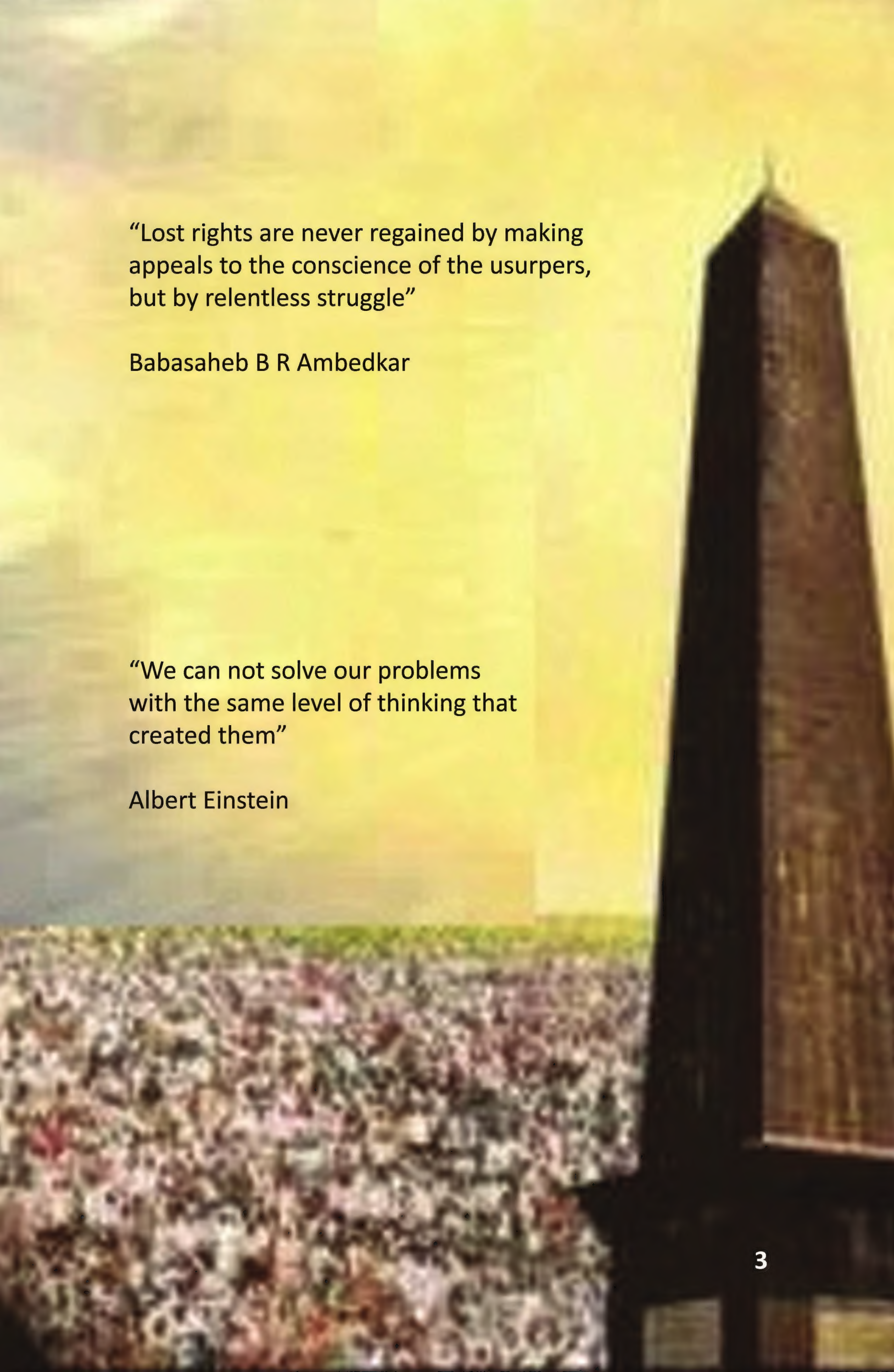
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“Lost rights are never regained by making appeals to the conscience of the usurpers, but by relentless struggle”

Babasaheb B R Ambedkar

“We can not solve our problems with the same level of thinking that created them”

Albert Einstein

Anyone can handle the caste in 10 simple ways.
That is all that is required;

Basic understanding – 1

Definitions – 3

Habits to follow – 5

Alternative Model – 1



10 Simple steps to handle the caste

A fundamental understanding

1 Man-made

Three definitions

2 Caste

3 Casteism or caste culture

4 Caste system

Five practices*

5 Practice being proud

6 Practice insulting

7 Practice keeping close

8 Practice keeping away

9 Practice being ruling class

An alternative model

10 Inverted Pyramid

*Caste can be completely handled only if
all the five habits are practiced and practiced



The context

Theories against caste system (1/2)

1

Annihilation of Caste

Dr Babasaheb B R Ambedkar the chief architect of Indian constitution propounded this theory.

This theory examines the origin and functioning of caste. The concept of purity of race and blood needs to be completely eradicated in order to annihilate caste. Intermarriage is required for this.

Theories against caste system (2/2)

2

Handle the Caste

This is the theory put forward by Dadasaheb Kanshiram, the leader of the social transformation movement and the advocate of Bahujan politics.

According to this theory, the caste system was created with a purpose. This system will exist as long as that purpose exists. That purpose is the desire of the brahmins to get advantage and favors over others.

If they are prevented from getting these things, the caste system will become useless to them.

The caste system must be abolished. But who is going to destroy it? according to this doctrine, whoever created the caste system, let them destroy it. The victims should not bear the burden of destroying the caste system.

When the creators of the caste system destroy it, then only the victims need to be cooperated. Until that time comes, how the originators of the caste system reap the benefits and the victims of this system must also learn to reap the benefits. Caste is a double-edged sword.

So instead of destroying caste, learn to handle it.

1

Man made

Basic understanding

The caste system was created by a selfish sect of ancient humans. It is not infallible.

Anything that one person can create, another can recreate, renew or destroy.

The caste system is a human invention, and any interference is possible.



10 simple steps to handle the caste



There is always a solution to every problem

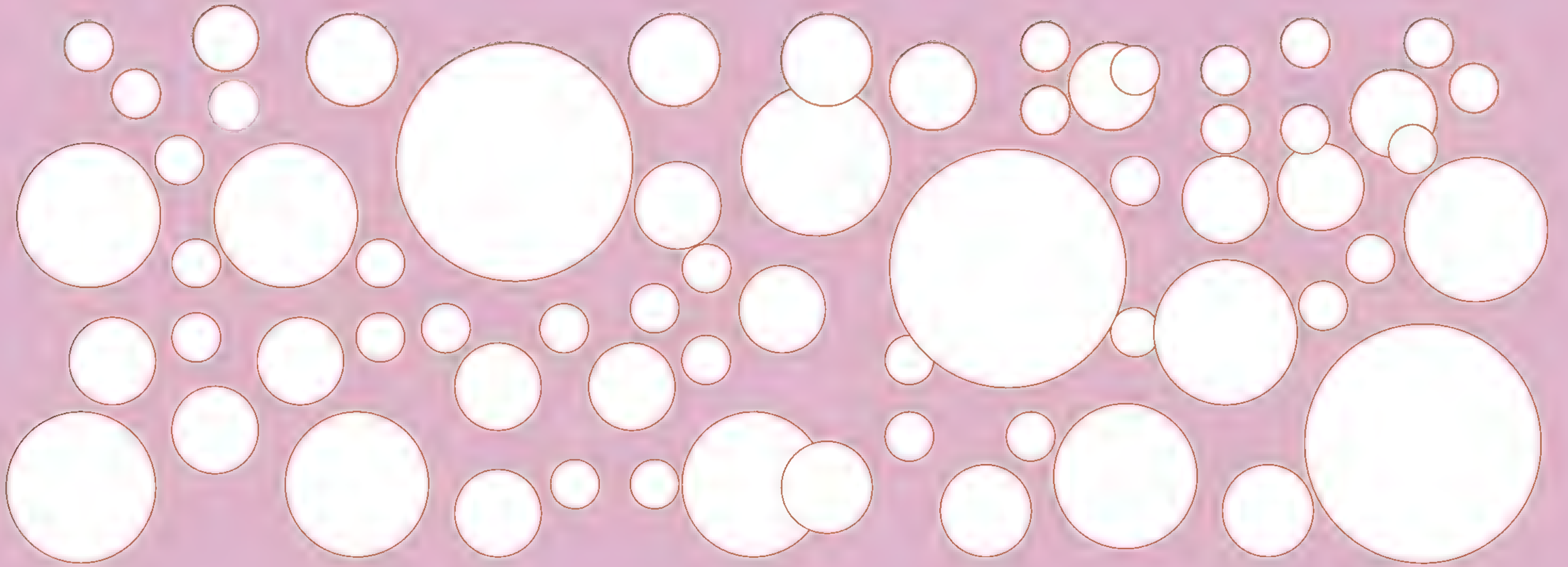
Understand three definitions (1/3)

2 Caste

A social group which follows endogamy



Various castes



Generally castes can be seen as clusters based on various religious and tribal traditions such as Hindu, Islam, Christian, Sikh, Parsi, Jain, Buddhist etc.

The population of each caste differs from one another. Aside from existing as distinct groups, each group typically follows a pattern of focusing on specific areas of work. There is a ban on joining any caste or taking any job. Marriage with someone from another caste is generally prohibited.

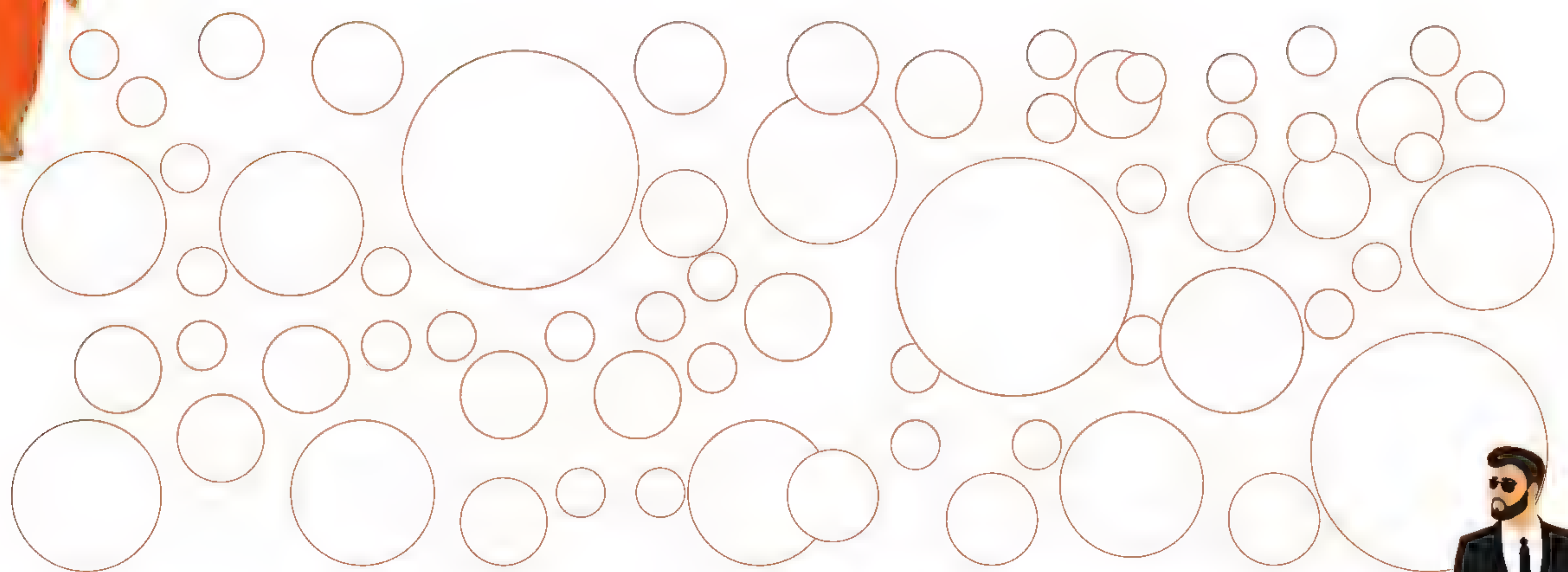


3

Casteism or Caste culture

The **attitude** that one is superior to or inferior to other castes because one belongs to a particular caste.





You are superior than me
I am inferior than you



Each caste group is assigned either strengths or handicaps based on irrelevant factors such as occupation, skin colour, body size, living conditions, special knowledge, language skills, language usages, region, beliefs, customs, economic status, purity-impurity, and least-most etc. Inter-dining and inter-group social interactions are prohibited. By creating an attitude of caste culture or casteism, the aim is to create **psychological stress** on the caste groups who are accused of weakness for baseless reasons, thereby making them weak to dominate them.



Understand three definitions (3/3)

4 Caste system

An **imaginary system** in which some groups assert that castes are arranged vertically based on caste culture.





Existing caste system



This imaginary system envisages in an ascending order of reverence and descenting order of contempt. It assumes the shape of a pyramid as the less populated are imagined at the top and the more populated at the bottom.

5 Practice being proud

Practice proudly highlighting all aspects of your social life like your history, caste, race, family, social background, occupation, physical and mental characteristics, personality etc.

Possess skills and qualities that others respect.

Achieve financial freedom. Avoid negative traits.

Stay away from activities that are not honorable.

Eliminate fear and submission from your social life once and for all.





6 Practice insulting

Practice insulting caste groups and individuals who insult or intend to insult you and your caste group, openly or secretly, immediately and wherever you get the chance. Always be prepared to insult caste groups that are unwilling to cooperate with you and your caste. Put an end to glorifying other people and star worship.





INSULT YOUR ENEMIES



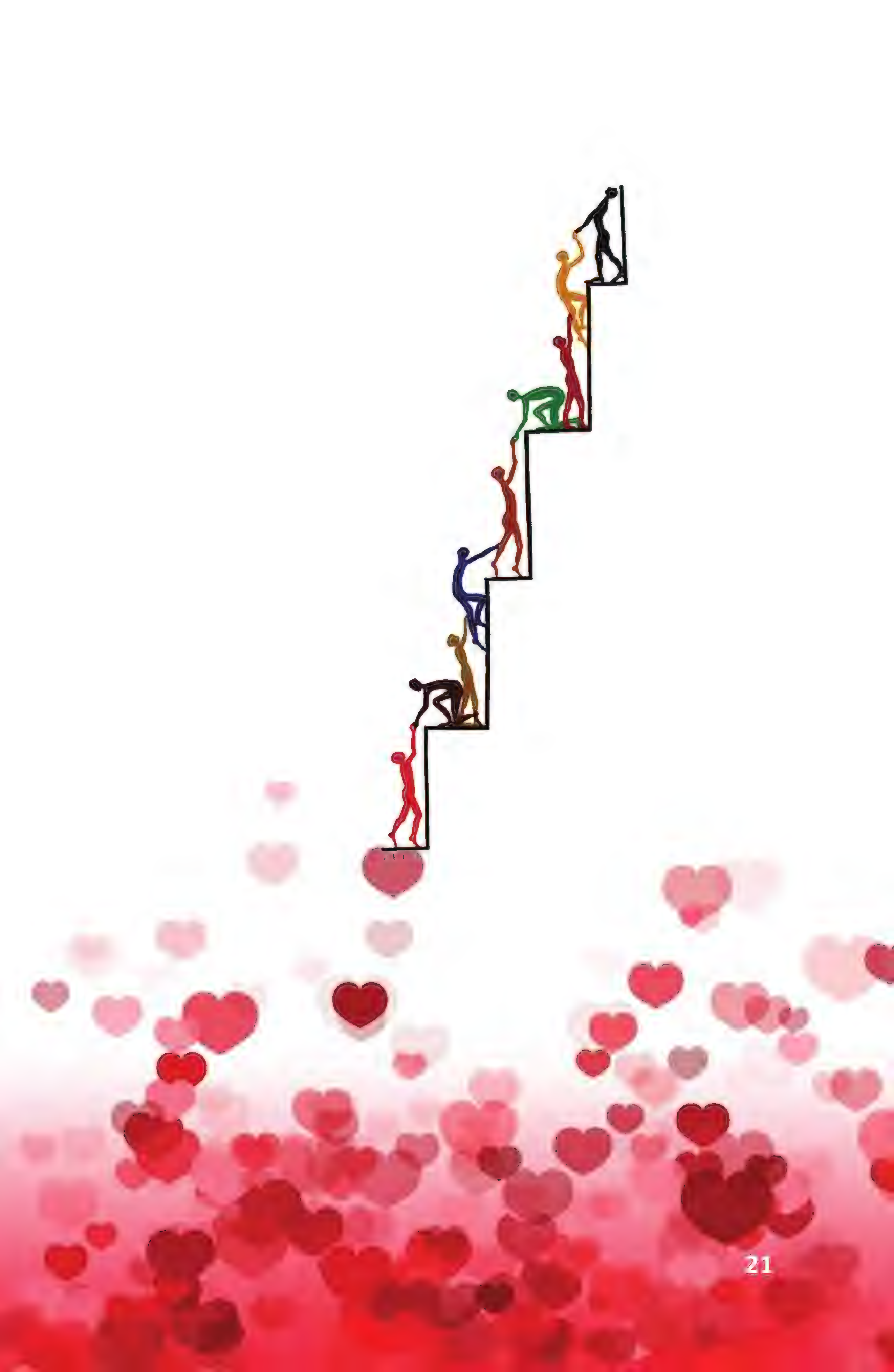
7 Practice keeping close

Practice working on common socio-cultural and development agendas with all like-minded individuals and caste - caste less groups and religious - non religious groups who share common understandings and common experiences with yourselves and your caste.

Practice welding castes to each other.

Make organisational activities at various levels a part of everyday life.





8 Practice keeping away

Practice keeping away from all individuals and caste groups who are unwilling to cooperate with yourselves and your caste, who exploit you, who are not like-minded, who do not value you and your caste in socio-cultural, political and economic spheres, and who treat your caste with contempt. Do not work under the leadership of people from such castes.

Do not allow others to misuse you and your caste.

Do not work on other's agenda.

Even in your conversation, avoid them. Stop imitating customs and rituals of enemy caste groups. Practice organizational cooperation with enemy castes in the public sphere only under clear conditions.

ON! KEEP OUT! (CAUTION! KEEP OUT! CAUTION! KEEP OUT! CAUTION! KEEP OUT! CAUTION!



Untouchability is the external expression of internal repulsion felt by an individual or a group towards another individual or group directly or indirectly. Individuals and groups adhering to such exclusion should be excluded, directly or indirectly, according to the circumstances.

9

Practice being ruling class

Practice becoming a ruling class capable of making and carrying out their own decisions for their own advancement through their own efforts with the cooperation of like-minded groups.

Adopt ruling-class-appropriate actions and attitudes in all social, political, cultural, and social spheres, as well as in all daily life contexts.

Be powerful, be unable to conquer by others.

Ascend to the creation of Prabudha Bharat, an enlightened India where justice, freedom, equality, and fraternity are the principles of life.





We belong to the glorious race Naga who ruled Asia once:
Babasaheb Ambedkar



Power is the product of struggle: Kanshiram

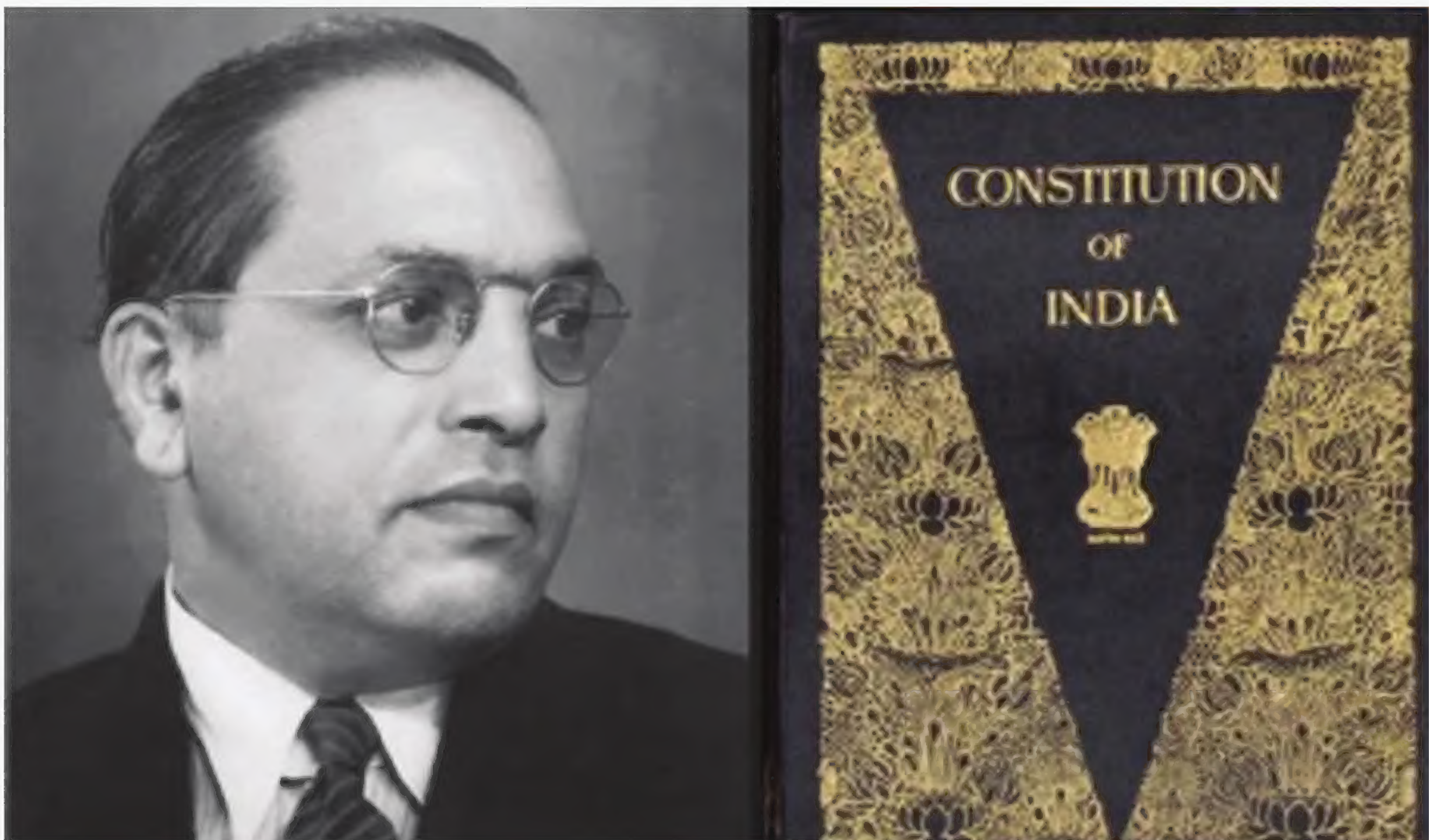
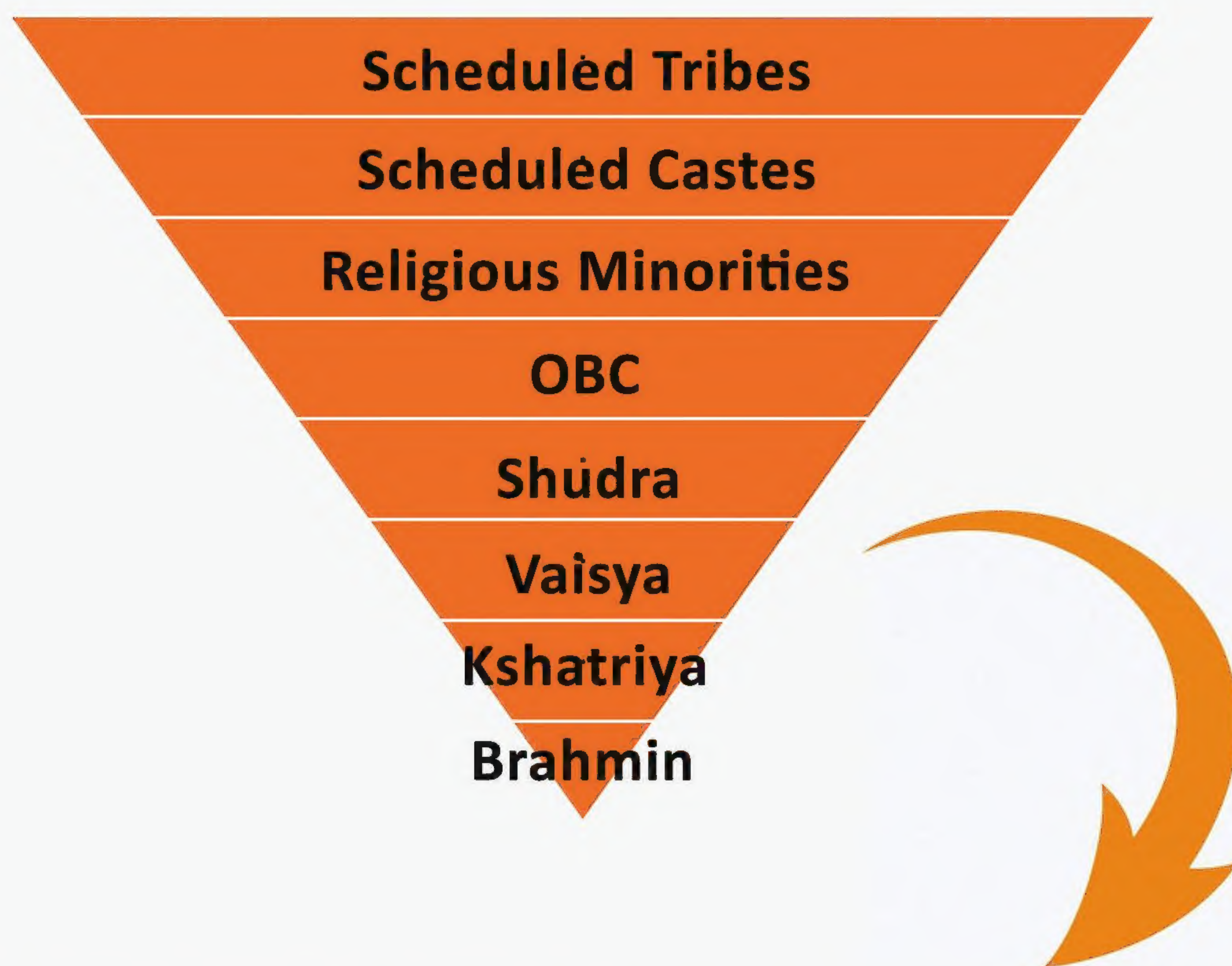
10

Alternative model against caste system

In the vertical caste system,
one thinks, behaves, and acts that
I and my caste is the highest.



Alternative social order of caste The inverted pyramid



What you think, you become : Buddha



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The author acknowledges the photographs used in this booklet, which were downloaded from various websites.





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PhD in political science from university of Kerala.
Contributed to the establishment of Buddha Bhoomi.
Launched the People's Budget Movement.

This booklet is not protected by copyright.
Anyone interested can publish after informing the author.

This book is an attempt to make people,
particularly caste system victims,
train to handle the caste system,
which is widely regarded as complex and intractable,
in a very simple way.

A society free of caste discrimination and oppression
can be created by
empowering caste victims to deal with caste.

Your valuable comments and suggestions for this
noble national cause are sought.

